

## **Suggested Oral Hygiene Products**

### **Toothpaste**

Colgate Total-- Everyday use. Also contains Triclosan an ingredient proven in the prevention of gingivitis. [www.colgate.com](http://www.colgate.com)

Sensodyne Pronamel-- Everyday use for those patients suffering from cold sensitivity. Contains Potassium Nitrate an ingredient proven in the treatment of hypersensitivity.

<http://www.pronamel.us/>

Tom's Of Maine with Fluoride-- Everyday use for patients with Gluten allergies.

<http://www.tomsofmaine.com/>

### **Floss**

Crest Glide Original Floss- Recommended for nightly use before brushing.

<http://www.glidefloss.com/>

Crest Glide Threaded Floss- Recommended for nightly use before brushing. Recommended for patients with braces, permanent retainers, and bridges. <http://www.glidefloss.com/>

Reach Access Daily Flossers- Recommended for nightly use before brushing. Recommended for patients who struggle with conventional flossing or have limited manual dexterity.

<http://www.reachaccess.com/>

### **Waterpik**

Recommended for patients with orthodontic appliances, crowns, bridges, and gum disease.

<http://www.waterpik.com/>

### **Fluoride Rinses**

ACT Restoring- Recommended for nightly use after flossing and brushing. Recommended for all patients 6 years of age and older. Do not swallow the rinse. <http://www.actfluoride.com/>

ACT KIDS- Recommended for nightly use after flossing and brushing. Recommended for all children 6 years of age and older that are able to rinse and spit. Do not swallow the rinse.

<http://www.actfluoride.com/>

### **Dry Mouth Rinse**

Biotene Products- Recommended for patient's that suffer from dry mouth due to decreased salivary flow caused by medications, chemotherapy and/or head and neck radiation.

<http://www.biotene.com/index.aspx>

### **Xylitol Containing Chewing Gums**

Xylitol is a naturally occurring sugar substitute, which has been proven to kill the bacteria (*Streptococcus mutans*) that causes tooth decay.

Orbit- Contains Xylitol and helps to fight cavities, strengthen teeth and reduce harmful plaque acids. <http://www.wrigley.com/brands/orbit.do>

Trident Xtra Care- Contains Xylitol and Recaldent (a milk derived protein that strengthens enamel)  
<http://www.tridentgum.com>

### **Xylitol Tooth Wipes**

Spiffies Tooth Wipes- A Xylitol containing tooth wipe used to clean infants' and children's teeth and gums (especially at bedtime). <http://www.drraysproducts.com/index.html>

### **About MI Paste™ and MI Paste Plus™**

#### **It's Like Vitamins for Your Teeth!**

Saliva helps provide essential minerals that strengthen your teeth and protect the enamel. Various activities can create an acid imbalance that makes it difficult to produce saliva and protective minerals.

MI Paste is a one-of-a-kind product that restores minerals and helps you produce saliva. It's the only dental product with RECALDENT™ (CPP-ACP), a special milk-derived protein that's a breakthrough in oral health care in helping to remineralize teeth.



#### **MI Paste and MI Paste Plus with RECALDENT™ (CPP-ACP):**

- Strengthens your teeth with tooth-replenishing calcium and phosphate
- Releases vital minerals into your mouth when and where they're needed
- Produces a saliva-like environment that maintains normal acid levels and healthy teeth
- Recaldent™ CPP-ACP is milk derived with lactose content less than 0.01%.\*
- Helps condition, protect and rebuild your tooth surfaces
- Is a water-based, sugar-free crème that comes in five delicious flavors

MI Paste with RECALDENT (CPP-ACP) fortifies your teeth to keep your smile vibrant for a lifetime.

**\* Casein phosphopeptides are derived from milk casein. Do not use this material on patients with a proven or suspected milk protein allergy and/or with a sensitivity or allergy to benzoate preservatives.**

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### **The MI Paste™ and MI Paste Plus™ Family**

**MI Paste** is the only product for professional use containing the active ingredient RECALDENT™ (CPP-ACP), a special milk-derived phosphopeptide that binds calcium and phosphate to tooth surfaces, plaque and surrounding soft tissue. **MI Paste** is a water-based, sugar-free cream that is applied directly to the tooth surface or oral cavity. **MI Paste** with RECALDENT™ (CPP-ACP) restores the oral mineral imbalances that cause demineralization by replacing minerals while improving saliva flow and fluoride uptake as well as soothing sensitive surfaces - making it an ideal treatment for:

- Reversing tooth sensitivity and restoring enamel gloss after whitening procedures
- Relieving dry mouth caused by certain medications
- Reducing high oral acid levels from excessive soft drink consumption
- Reversing tooth sensitivity before and after professional cleaning
- Reducing high oral acid levels - sometimes a consequence of pregnancy

- Buffering acids produced by bacteria and plaque
- Regular conditioning during orthodontics, during and after bands or brackets have been removed, to prevent and reverse white spot lesions
- Providing a topical coating for patients suffering from erosion, caries and conditions arising from xerostomia

#### **Use MI Paste™**

- After tooth whitening
- For pregnant women
- For children six years and under
- During and/or after orthodontics
- For desensitizing
- To provide extra protection for teeth

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**MI Paste Plus** offers the same benefits of **MI Paste** enhanced with a patented form of fluoride (900ppm) to further promote remineralization and protect teeth from caries development. Since the fluoride acts in conjunction with **RECALDENT™ (CPP-ACP)**, it is more effective than fluoride alone.<sup>6,7</sup> **MI Paste Plus** is the only product that gives you the correct bio-available ration of 5-calcium, 3-phosphate and 1-fluoride, which provides the ultimate enamel strengthening.

Specially designed for patients at high risk for dental caries and dental erosion, **MI Paste Plus** enhances mineral uptake without encouraging the formation of calculus. **MI Paste Plus** is safe and easy to use both in office and at home. It is also recommended for night use in patients with salivary dysfunction (dry mouth) due to medications, systemic illnesses, or salivary gland disease, because of the enhanced risk of mineral loss from dental caries or dental erosion.

#### **Use MI Paste Plus™**

- For white spot lesions
- For desensitizing
- During and/or after orthodontics
- For medically compromised patients
- For salivary deficiency/dry mouth
- For patients with acidic oral environments
- For erosion and gastric reflux
- For patients with poor plaque control
- For high-caries risk patients
- To provide extra protection for teeth